

# I Love You cushion

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This is a fun to do stitchery design using simple stitches. I have used tea-dyed calico for my background.



To dye your own calico with the speckle effect, follow these simple instructions: Wet calico thoroughly, and then squeeze out most of the water. Lay calico out flat and sprinkle generously with tealeaves. You can use a tea bag or loose tea. Long tealeaves create wonderful effects. Fold fabric with sprinkled tea leaves into a parcel. Place on a plate and dampen well. Microwave on high for two minutes. It will be hot when you take it out, so take care. Open parcel for inspection. If stronger makings are required, dampen if necessary and microwave for a further 2 minutes.

Shake off tealeaves in the garden. Rinse well and iron dry. If you want creases for effect, line dry for a short while then press.

## Requirements

Calico for background, 6 ½" square

Assorted co-ordinated strips 1½" wide x min. length 5" to max. length 11" for log cabin around stitchery design.

30cm print for back of cushion

20cm Armoweft (iron on interfacing)

DMC embroidery threads, I used 422, 501, 725, 799, 829, 930, 3716, 3740, 3802

Toy fill

Brown Pigma permanent marker pen

## Getting Started

With the Pigma pen trace the design onto the calico, using either a light box or by taping the design onto a window. I like to use a Pigma pen as it gives a very fine line that will easily be covered by the stitches and it will not come off on your hands during stitching!

I have included a piece of iron on interfacing called 'Armoweft' in your requirements list, by putting this on the back of your stitchery you will not get shadows from the threads on the back of your work.

On close inspection of your Armoweft you will see that it is shiny on one side, place the shiny side to the wrong side of your pre-printed calico. Cover with a lightweight dry cloth and steam press with iron set at wool, press firmly for approx.10-12 seconds. Do not glide your iron backwards and forwards, use a lift and press motion. Turn your piece over and repeat pressing on front of fabric, this will ensure a good bond. Leave to cool before handling. You are now ready to begin stitching.

**Stitches used are:** backstitch (BS), detached lazy daisy (DLD), French knots (FN), running stitch (RS), satin stitch (SS). Numbers below correspond to DMC Stranded Embroidery threads used. Use two strands of Embroidery thread unless otherwise stated.

### 422

Outline and mouth of bear on left (BS)

Nose of bear on left (SS)

### 501

Dotted line of border (RS)

Stem of daisy in bear's hand (BS)

### 725

Daisy centres (FK)

Birds' beaks and legs (BS)

*Lynette Anderson Designs 2011*

### 799

Birds outline (BS)

### 829

Outline and mouth of bear on right (BS)

Nose of bear on right (SS)

Both bears eyes (FK)

Birds eyes in single strand (FK)

### 930

Outline birdhouse (BS)

### 3716

Daisies in outer border (DLD)

Daisy in bears hand (DLD)

Daisies around bears neck should be done with a single strand (DLD)

### 3740

Roof of birdhouse (BS)

Birdhouse post (BS)

Both openings on birdhouse (BS)

### 3802

Writing (BS)

Dots on writing (FK)

Heart on bear (SS)

Heart hanging from bird (SS)

The bow holding heart should be done in a single strand (BS)

Once all the stitching has been done, gently press your work on the wrong side.

Centre the design and then trim it down to a 5" square.

### Adding The Log Cabin

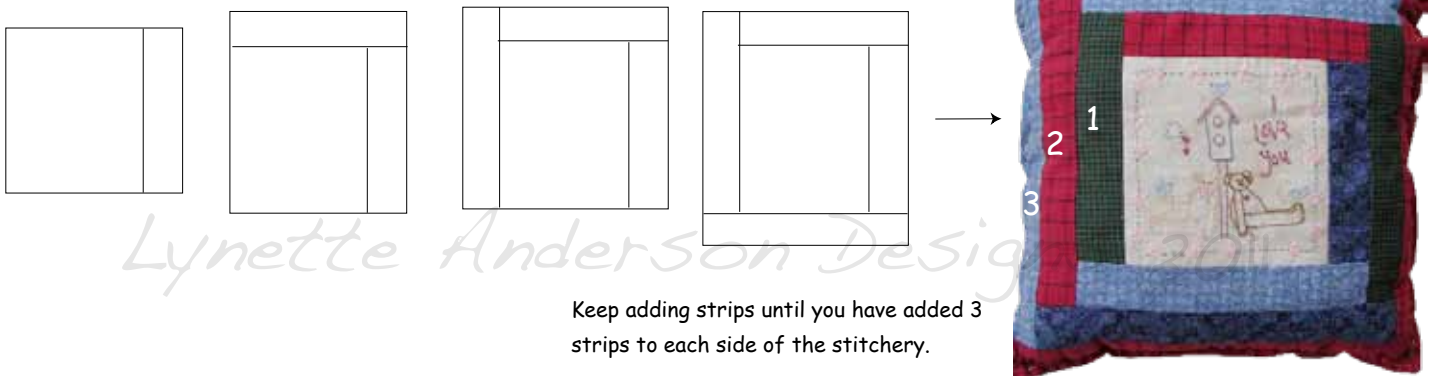
Take the centre stitchery and the assorted co-ordinating 1½" strips. Starting on right hand side sew strips to block using a quarter inch seam allowance and choosing strips at random.

Continuing adding strips in an anti-clockwise direction.

Finger press each strip outwards before adding the next strip.

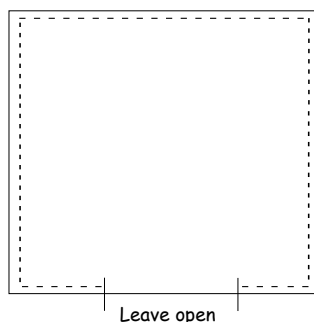
Continue until you have three strips on each side of the centre stitchery.

Your cushion front should now measure 11" square (including seam allowance).



### To Assemble Cushion

From the backing fabric cut 1 x 11" square for back of cushion. Take front and back of cushion and place right sides together. With ¼" seam allowance stitch around cushion leaving a small opening about 3" wide at the bottom.



Clip corners and turn right side out.

With 3 strands of DMC thread, do a primitive running stitch about ¼" in from outer edge. Starting on one side of the opening, stitch all around the edge until you come to the other side of the opening, leaving thread loose. Lightly stuff cushion ladder stitch opening closed. Finish primitive running stitch.

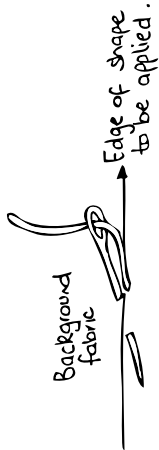
Stitchery Design



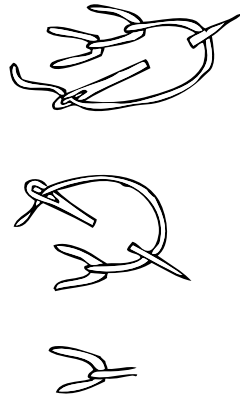
Lyette Adams © 2001.

# Stitch Guide

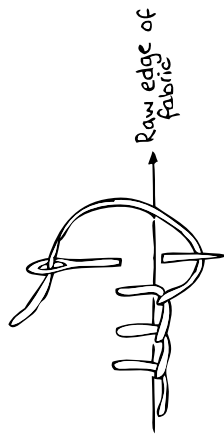
Blind Hem Stitch



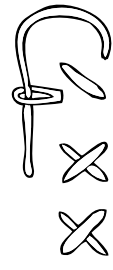
Feather Stitch



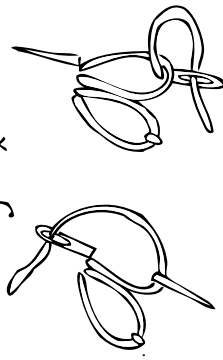
Blanket Stitch



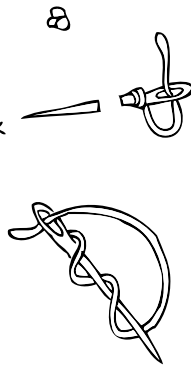
Cross Stitch



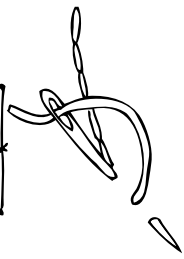
Lazy Daisy



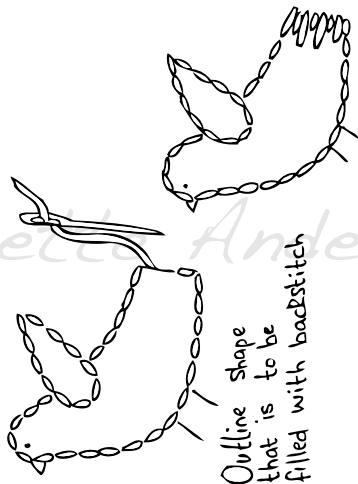
French Knot



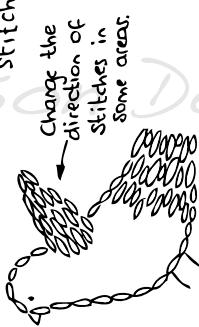
Backstitch



Long and Short Stitch



Fill shape by alternating with long and short stitches.



Continue filling shape with long and short stitches.

Running Stitch



Satin Stitch



First outline shape with backstitch

Fill in shape, covering original backstitches.